

**Niche of Niches: HEALTH**

**(List of Phobias)**

**A-**

Ablutophobia- Fear of washing or bathing.  
Acarophobia- Fear of itching or of the insects that cause itching.  
Acerophobia- Fear of sourness.  
Achluophobia- Fear of darkness.  
Acousticophobia- Fear of noise.  
Acrophobia- Fear of heights.  
Aerophobia- Fear of drafts, air swallowing, or airborne noxious substances.  
Aeroacrophobia- Fear of open high places.  
Aeronausiphobia- Fear of vomiting secondary to airsickness.  
Agateophobia- Fear of insanity.  
Agliophobia- Fear of pain.  
Agoraphobia- Fear of open spaces or of being in crowded, public places like markets. Fear of leaving a safe place.  
Agraphobia- Fear of sexual abuse.  
Agrizophobia- Fear of wild animals.  
Agyrophobia- Fear of streets or crossing the street.  
Aichmophobia- Fear of needles or pointed objects.  
Ailurophobia- Fear of cats.  
Albuminurophobia- Fear of kidney disease.  
Alektorophobia- Fear of chickens.  
Algophobia- Fear of pain.  
Alliumphobia- Fear of garlic.  
Allodoxaphobia- Fear of opinions.  
Altophobia- Fear of heights.  
Amathophobia- Fear of dust.  
Amaxophobia- Fear of riding in a car.  
Ambulophobia- Fear of walking.  
Amnesiphobia- Fear of amnesia.  
Amychophobia- Fear of scratches or being scratched.  
Anablephobia- Fear of looking up.  
Ancraophobia- Fear of wind. (Anemophobia)  
Androphobia- Fear of men.  
Anemophobia- Fear of air drafts or wind.(Ancraophobia)  
Anginophobia- Fear of angina, choking or narrowness.  
Anglophobia- Fear of England or English culture, etc.  
Angrophobia - Fear of anger or of becoming angry.  
Ankylophobia- Fear of immobility of a joint.  
Anthrophobia or Anthophobia- Fear of flowers.  
Anthropophobia- Fear of people or society.  
Antlophobia- Fear of floods.  
Anuptaphobia- Fear of staying single.

Apeirophobia- Fear of infinity.  
Aphenphosmphobia- Fear of being touched. (Haphephobia)  
Apiphobia- Fear of bees.  
Apotemnophobia- Fear of persons with amputations.  
Arachibutyrophobia- Fear of peanut butter sticking to the roof of the mouth.  
Arachnophobia or Arachnophobia- Fear of spiders.  
Arithmophobia- Fear of numbers.  
Arrhenophobia- Fear of men.  
Arsonophobia- Fear of fire.  
Asthenophobia- Fear of fainting or weakness.  
Astraphobia or Astrapophobia- Fear of thunder and lightning.(Ceraunophobia, Keraunophobia)  
Astrophobia- Fear of stars or celestial space.  
Asymmetriphobia- Fear of asymmetrical things.  
Ataxiophobia- Fear of ataxia. (muscular incoordination)  
Ataxophobia- Fear of disorder or untidiness.  
Atelophobia- Fear of imperfection.  
Atephobia- Fear of ruin or ruins.  
Athazagoraphobia- Fear of being forgotten or ignored or forgetting.  
Atomosophobia- Fear of atomic explosions.  
Atychiphobia- Fear of failure.  
Aulophobia- Fear of flutes.  
Auophobia- Fear of gold.  
Auroraphobia- Fear of Northern lights.  
Autodysomophobia- Fear of one that has a vile odor.  
Automatonophobia- Fear of ventriloquist's dummies, animatronic creatures, wax statues - anything that falsely represents a sentient being.  
Automysophobia- Fear of being dirty.  
Autophobia- Fear of being alone or of oneself.  
Aviophobia or Aviatophobia- Fear of flying.

## **B-**

Bacillophobia- Fear of microbes.  
Bacteriophobia- Fear of bacteria.  
Ballistophobia- Fear of missiles or bullets.  
Bolshephobia- Fear of Bolsheviks.  
Barophobia- Fear of gravity.  
Basophobia or Basiphobia- Inability to stand. Fear of walking or falling.  
Bathmophobia- Fear of stairs or steep slopes.  
Bathophobia- Fear of depth.  
Batophobia- Fear of heights or being close to high buildings.  
Batrachophobia- Fear of amphibians, such as frogs, newts, salamanders, etc.  
Belonephobia- Fear of pins and needles. (Aichmophobia)

Bibliophobia- Fear of books.  
Blennophobia- Fear of slime.  
Bogyphobia- Fear of bogeys or the bogeyman.  
Botanophobia- Fear of plants.  
Bromidrosiphobia or Bromidrophobia- Fear of body smells.  
Brontophobia- Fear of thunder and lightning.  
Bufonophobia- Fear of toads.

## C-

Cacophobia- Fear of ugliness.  
Cainophobia or Cainotophobia- Fear of newness, novelty.  
Caligynephobia- Fear of beautiful women.  
Cancerophobia or Carcinophobia- Fear of cancer.  
Cardiophobia- Fear of the heart.  
Carnophobia- Fear of meat.  
Catagelophobia- Fear of being ridiculed.  
Catapedaphobia- Fear of jumping from high and low places.  
Cathisophobia- Fear of sitting.  
Catoptrophobia- Fear of mirrors.  
Cenophobia or Centophobia- Fear of new things or ideas.  
Ceraunophobia or Keraunophobia- Fear of thunder and lightning.(Astraphobia, Astrapophobia)  
Chaetophobia- Fear of hair.  
Cheimaphobia or Cheimatophobia- Fear of cold.(Frigophobia, Psychophobia)  
Chemophobia- Fear of chemicals or working with chemicals.  
Cherophobia- Fear of gaiety.  
Chionophobia- Fear of snow.  
Chiraptophobia- Fear of being touched.  
Chiophobia- Fear of hands.  
Chiroptophobia- Fear of bats.  
Cholerophobia- Fear of anger or the fear of cholera.  
Chorophobia- Fear of dancing.  
Chrometophobia or Chrematophobia- Fear of money.  
Chromophobia or Chromatophobia- Fear of colors.  
Chronophobia- Fear of time.  
Chronomentrophobia- Fear of clocks.  
Cibophobia- Fear of food.(Sitophobia, Sitiophobia)  
Claustrophobia- Fear of confined spaces.  
Cleithrophobia or Cleisiophobia- Fear of being locked in an enclosed place.  
Cleptophobia- Fear of stealing.  
Climacophobia- Fear of stairs, climbing, or of falling downstairs.  
Clinophobia- Fear of going to bed.  
Clithrophobia or Cleithrophobia- Fear of being enclosed.  
Cnidophobia- Fear of stings.  
Cometophobia- Fear of comets.

Coimetrophobia- Fear of cemeteries.  
Coitophobia- Fear of coitus.  
Contreltophobia- Fear of sexual abuse.  
Coprastaphobia- Fear of constipation.  
Coprophobia- Fear of feces.  
Consecotaleophobia- Fear of chopsticks.  
Coulrophobia- Fear of clowns.  
Counterphobia- The preference by a phobic for fearful situations.  
Cremnophobia- Fear of precipices.  
Cryophobia- Fear of extreme cold, ice or frost.  
Crystallophobia- Fear of crystals or glass.  
Cyberphobia- Fear of computers or working on a computer.  
Cyclophobia- Fear of bicycles.  
Cymophobia or Kymophobia- Fear of waves or wave like motions.  
Cynophobia- Fear of dogs or rabies.  
Cypridophobia or Cypriphobia or Cyprianophobia or Cyprinophobia - Fear of prostitutes or venereal disease.

## **D-**

Decidophobia- Fear of making decisions.  
Defecaloesiophobia- Fear of painful bowels movements.  
Deipnophobia- Fear of dining or dinner conversations.  
Dementophobia- Fear of insanity.  
Demonophobia or Daemonophobia- Fear of demons.  
Demophobia- Fear of crowds. (Agoraphobia)  
Dendrophobia- Fear of trees.  
Dentophobia- Fear of dentists.  
Dermatophobia- Fear of skin lesions.  
Dermatosiophobia or Dermatophobia or Dermatopathophobia- Fear of skin disease.  
Dextrophobia- Fear of objects at the right side of the body.  
Diabetophobia- Fear of diabetes.  
Didaskaleinophobia- Fear of going to school.  
Dikephobia- Fear of justice.  
Dinophobia- Fear of dizziness or whirlpools.  
Diplophobia- Fear of double vision.  
Dipsophobia- Fear of drinking.  
Dishabiliophobia- Fear of undressing in front of someone.  
Disposophobia- Fear of throwing stuff out. Hoarding.  
Domatophobia- Fear of houses or being in a house.(Eicophobia, Oikophobia)  
Doraphobia- Fear of fur or skins of animals.  
Doxophobia- Fear of expressing opinions or of receiving praise.  
Dromophobia- Fear of crossing streets.  
Dutchophobia- Fear of the Dutch.  
Dysmorphophobia- Fear of deformity.  
Dystychiphobia- Fear of accidents.

## **E-**

Ecclesiophobia- Fear of church.

Ecophobia- Fear of home.

Eicophobia- Fear of home surroundings.(Domatophobia, Oikophobia)

Eisoptrophobia- Fear of mirrors or of seeing oneself in a mirror.

Electrophobia- Fear of electricity.

Eleutherophobia- Fear of freedom.

Elurophobia- Fear of cats. (Ailurophobia)

Emetophobia- Fear of vomiting.

Enetophobia- Fear of pins.

Enochlophobia- Fear of crowds.

Enosiophobia or Enissophobia- Fear of having committed an unpardonable sin or of criticism.

Entomophobia- Fear of insects.

Eosophobia- Fear of dawn or daylight.

Ephebiphobia- Fear of teenagers.

Epistaxiophobia- Fear of nosebleeds.

Epistemophobia- Fear of knowledge.

Equinophobia- Fear of horses.

Eremophobia- Fear of being oneself or of loneliness.

Ereuthrophobia- Fear of blushing.

Ergasiophobia- 1) Fear of work or functioning. 2) Surgeon's fear of operating.

Ergophobia- Fear of work.

Erotophobia- Fear of sexual love or sexual questions.

Euphobia- Fear of hearing good news.

Eurotophobia- Fear of female genitalia.

Erythrophobia or Erytophobia or Ereuthrophobia- 1) Fear of redlights. 2) Blushing. 3) Red.

## **F-**

Febriphobia or Fibriphobia or Fibriophobia- Fear of fever.

Felinophobia- Fear of cats. (Ailurophobia, Elurophobia, Galeophobia, Gatophobia)

Francophobia- Fear of France or French culture. (Gallophobia, Galiophobia)

Frigophobia- Fear of cold or cold things.(Cheimaphobia, Cheimatophobia, Psychrophobia)

## **G-**

Galeophobia or Gatophobia- Fear of cats.

Gallophobia or Galiophobia- Fear France or French culture. (Francophobia)

Gamophobia- Fear of marriage.

Geliophobia- Fear of laughter.

Gelotophobia- Fear of being laughed at.

Geniophobia- Fear of chins.  
Genophobia- Fear of sex.  
Genuphobia- Fear of knees.  
Gephyrophobia or Gephydrophobia or Gephysrophobia- Fear of crossing bridges.  
Germanophobia- Fear of Germany or German culture.  
Gerascophobia- Fear of growing old.  
Gerontophobia- Fear of old people or of growing old.  
Geumaphobia or Geumophobia- Fear of taste.  
Glossophobia- Fear of speaking in public or of trying to speak.  
Gnosiophobia- Fear of knowledge.  
Graphophobia- Fear of writing or handwriting.  
Gymnophobia- Fear of nudity.  
Gynephobia or Gynophobia- Fear of women.

## **H-**

Hadeophobia- Fear of hell.  
Hagiophobia- Fear of saints or holy things.  
Hamartophobia- Fear of sinning.  
Haphephobia or Haptophobia- Fear of being touched.  
Harpaxophobia- Fear of being robbed.  
Hedonophobia- Fear of feeling pleasure.  
Heliophobia- Fear of the sun.  
Hellenologophobia- Fear of Greek terms or complex scientific terminology.  
Helminthophobia- Fear of being infested with worms.  
Hemophobia or Hemaphobia or Hematophobia- Fear of blood.  
Heresyphobia or Hereiophobia- Fear of challenges to official doctrine or of radical deviation.  
Herpetophobia- Fear of reptiles or creepy, crawly things.  
Heterophobia- Fear of the opposite sex. (Sexophobia)  
Hexakosioihexekontahexaphobia- Fear of the number 666.  
Hierophobia- Fear of priests or sacred things.  
Hippophobia- Fear of horses.  
Hippopotomonstrosesquipedaliophobia- Fear of long words.  
Hobophobia- Fear of bums or beggars.  
Hodophobia- Fear of road travel.  
Hormephobia- Fear of shock.  
Homichlophobia- Fear of fog.  
Homilophobia- Fear of sermons.  
Hominophobia- Fear of men.  
Homophobia- Fear of sameness, monotony or of homosexuality or of becoming homosexual.  
Hoplophobia- Fear of firearms.  
Hydrargyrophobia- Fear of mercurial medicines.  
Hydrophobia- Fear of water or of rabies.  
Hydrophobophobia- Fear of rabies.  
Hyelophobia or Hyalophobia- Fear of glass.  
Hygrophobia- Fear of liquids, dampness, or moisture.

Hylephobia- Fear of materialism or the fear of epilepsy.  
Hylophobia- Fear of forests.  
Hypengyophobia or Hypegiaphobia- Fear of responsibility.  
Hypnophobia- Fear of sleep or of being hypnotized.  
Hypsiphobia- Fear of height.

## **I-**

Iatrophobia- Fear of going to the doctor or of doctors.  
Ichthyophobia- Fear of fish.  
Ideophobia- Fear of ideas.  
Illyngophobia- Fear of vertigo or feeling dizzy when looking down.  
Iophobia- Fear of poison.  
Insectophobia - Fear of insects.  
Isolophobia- Fear of solitude, being alone.  
Isotrophobia- Fear of termites, insects that eat wood.  
Ithyphallophobia- Fear of seeing, thinking about or having an erect penis.

## **J-**

Japanophobia- Fear of Japanese.  
Judeophobia- Fear of Jews.

## **K-**

Kainolophobia or Kainophobia- Fear of anything new, novelty.  
Kakorrhaphiophobia- Fear of failure or defeat.  
Katagelophobia- Fear of ridicule.  
Kathisophobia- Fear of sitting down.  
Katsaridaphobia- Fear of cockroaches.  
Kenophobia- Fear of voids or empty spaces.  
Keraunophobia or Ceraunophobia- Fear of thunder and lightning.(Astraphobia, Astrapophobia)  
Kinetophobia or Kinesophobia- Fear of movement or motion.  
Kleptophobia- Fear of stealing.  
Koinonophobia- Fear of rooms.  
Kolpophobia- Fear of genitals, particularly female.  
Kopophobia- Fear of fatigue.  
Koniophobia- Fear of dust. (Amathophobia)  
Kosmikophobia- Fear of cosmic phenomenon.  
Kymophobia- Fear of waves. (Cymophobia)  
Kynophobia- Fear of rabies.  
Kyphophobia- Fear of stooping.

## **L-**

Lachanophobia- Fear of vegetables.  
Laliophobia or Lalophobia- Fear of speaking.  
Leprophobia or Lepraphobia- Fear of leprosy.  
Leukophobia- Fear of the color white.  
Levophobia- Fear of things to the left side of the body.  
Ligyrophobia- Fear of loud noises.  
Lilapsophobia- Fear of tornadoes and hurricanes.  
Limnophobia- Fear of lakes.  
Linonophobia- Fear of string.  
Liticaphobia- Fear of lawsuits.  
Lockiophobia- Fear of childbirth.  
Logizomechanophobia- Fear of computers.  
Logophobia- Fear of words.  
Luiphobia- Fear of lues, syphilis.  
Lutrathobia- Fear of otters.  
Lygophobia- Fear of darkness.  
Lyssophobia- Fear of rabies or of becoming mad.

## **M-**

Macrophobia- Fear of long waits.  
Mageirocophobia- Fear of cooking.  
Maieusiophobia- Fear of childbirth.  
Malaxophobia- Fear of love play. (Sarmassophobia)  
Maniaphobia- Fear of insanity.  
Mastigophobia- Fear of punishment.  
Mechanophobia- Fear of machines.  
Medomalacuphobia- Fear of losing an erection.  
Medorthophobia- Fear of an erect penis.  
Megalophobia- Fear of large things.  
Melissophobia- Fear of bees.  
Melanophobia- Fear of the color black.  
Melophobia- Fear or hatred of music.  
Meningitophobia- Fear of brain disease.  
Menophobia- Fear of menstruation.  
Merinthophobia- Fear of being bound or tied up.  
Metallophobia- Fear of metal.  
Metathesiophobia- Fear of changes.  
Meteorophobia- Fear of meteors.  
Methyphobia- Fear of alcohol.  
Metrophobia- Fear or hatred of poetry.  
Microbiophobia- Fear of microbes. (Bacillophobia)



Microphobia- Fear of small things.  
Misophobia or Mysophobia- Fear of being contaminated with dirt or germs.  
Mnemophobia- Fear of memories.  
Molysmophobia or Molsomophobia- Fear of dirt or contamination.  
Monophobia- Fear of solitude or being alone.  
Monopathophobia- Fear of definite disease.  
Motorphobia- Fear of automobiles.  
Mottephobia- Fear of moths.  
Musophobia or Muriphobia- Fear of mice.  
Mycophobia- Fear or aversion to mushrooms.  
Mycrophobia- Fear of small things.  
Myctophobia- Fear of darkness.  
Myrmecophobia- Fear of ants.  
Mythophobia- Fear of myths or stories or false statements.  
Myxophobia- Fear of slime. (Blennophobia)

## **N-**

Nebulaphobia- Fear of fog. (Homichlophobia)  
Necrophobia- Fear of death or dead things.  
Nelophobia- Fear of glass.  
Neopharmaphobia- Fear of new drugs.  
Neophobia- Fear of anything new.  
Nephophobia- Fear of clouds.  
Noctiphobia- Fear of the night.  
Nomatophobia- Fear of names.  
Nosocomephobia- Fear of hospitals.  
Nosophobia or Nosemaphobia- Fear of becoming ill.  
Nostophobia- Fear of returning home.  
Novercaphobia- Fear of your step-mother.  
Nucleomituphobia- Fear of nuclear weapons.  
Nudophobia- Fear of nudity.  
Numerophobia- Fear of numbers.  
Nyctohylophobia- Fear of dark wooded areas or of forests at night  
Nyctophobia- Fear of the dark or of night.

## **O-**

Obesophobia- Fear of gaining weight.(Pocrescophobia)  
Ochlophobia- Fear of crowds or mobs.  
Ochophobia- Fear of vehicles.  
Octophobia - Fear of the figure 8.  
Odontophobia- Fear of teeth or dental surgery.  
Odynophobia or Odynephobia- Fear of pain. (Algophobia)

Oenophobia- Fear of wines.  
Oikophobia- Fear of home surroundings, house.(Domatophobia, Eicophobia)  
Olfactophobia- Fear of smells.  
Ombrophobia- Fear of rain or of being rained on.  
Ommetaphobia or Ommatophobia- Fear of eyes.  
Omphalophobia- Fear of belly buttons.  
Oneirophobia- Fear of dreams.  
Oneirogmophobia- Fear of wet dreams.  
Onomatophobia- Fear of hearing a certain word or of names.  
Ophidiophobia- Fear of snakes. (Snakephobia)  
Ophthalmophobia- Fear of being stared at.  
Opiophobia- Fear medical doctors experience of prescribing needed pain medications for patients.  
Optophobia- Fear of opening one's eyes.  
Ornithophobia- Fear of birds.  
Orthophobia- Fear of property.  
Osmophobia or Osphresiophobia- Fear of smells or odors.  
Ostracophobia- Fear of shellfish.  
Ouranophobia or Uranophobia- Fear of heaven.

## **P-**

Pagophobia- Fear of ice or frost.  
Panthophobia- Fear of suffering and disease.  
Panophobia or Pantophobia- Fear of everything.  
Papaphobia- Fear of the Pope.  
Papyrophobia- Fear of paper.  
Paralipophobia- Fear of neglecting duty or responsibility.  
Paraphobia- Fear of sexual perversion.  
Parasitophobia- Fear of parasites.  
Paraskavedekatriaphobia- Fear of Friday the 13th.  
Parthenophobia- Fear of virgins or young girls.  
Pathophobia- Fear of disease.  
Patriophobia- Fear of heredity.  
Parturiphobia- Fear of childbirth.  
Peccatophobia- Fear of sinning or imaginary crimes.  
Pediculophobia- Fear of lice.  
Pediophobia- Fear of dolls.  
Pedophobia- Fear of children.  
Peladophobia- Fear of bald people.  
Pellagrophobia- Fear of pellagra.  
Peniaphobia- Fear of poverty.  
Pentheraphobia- Fear of mother-in-law. (Novercaphobia)  
Phagophobia- Fear of swallowing or of eating or of being eaten.

Phalacrophobia- Fear of becoming bald.  
Phallophobia- Fear of a penis, esp erect.  
Pharmacophobia- Fear of taking medicine.  
Phasmophobia- Fear of ghosts.  
Phengophobia- Fear of daylight or sunshine.  
Philemaphobia or Philematophobia- Fear of kissing.  
Philophobia- Fear of falling in love or being in love.  
Philosophobia- Fear of philosophy.  
Phobophobia- Fear of phobias.  
Photoaugliaphobia- Fear of glaring lights.  
Photophobia- Fear of light.  
Phonophobia- Fear of noises or voices or one's own voice; of telephones.  
Phronemophobia- Fear of thinking.  
Phthiriophobia- Fear of lice. (Pediculophobia)  
Phthisiophobia- Fear of tuberculosis.  
Placophobia- Fear of tombstones.  
Plutophobia- Fear of wealth.  
Pluviophobia- Fear of rain or of being rained on.  
Pneumatiphobia- Fear of spirits.  
Pnigophobia or Pnigerophobia- Fear of choking or being smothered.  
Pocrescophobia- Fear of gaining weight. (Obesophobia)  
Pogonophobia- Fear of beards.  
Poliosophobia- Fear of contracting poliomyelitis.  
Politicoaphobia- Fear or abnormal dislike of politicians.  
Polyphobia- Fear of many things.  
Poinophobia- Fear of punishment.  
Ponophobia- Fear of overworking or of pain.  
Porphyrophobia- Fear of the color purple.  
Potamophobia- Fear of rivers or running water.  
Potophobia- Fear of alcohol.  
Pharmacophobia- Fear of drugs.  
Proctophobia- Fear of rectums.  
Prosophobia- Fear of progress.  
Psellismophobia- Fear of stuttering.  
Psychophobia- Fear of mind.  
Psychrophobia- Fear of cold.  
Pteromerhanophobia- Fear of flying.  
Pteronophobia- Fear of being tickled by feathers.  
Pupaphobia - Fear of puppets.  
Pyrexioaphobia- Fear of Fever.  
Pyrophobia- Fear of fire.

**Q-**

## **R-**

Ranidaphobia- Fear of frogs.

Rectophobia- Fear of rectum or rectal diseases.

Rhabdophobia- Fear of being severely punished or beaten by a rod, or of being severely criticized. Also fear of magic.(wand)

Rhypophobia- Fear of defecation.

Rhytiphobia- Fear of getting wrinkles.

Rupophobia- Fear of dirt.

Russophobia- Fear of Russians.

## **S-**

Samhainophobia: Fear of Halloween.

Sarmassophobia- Fear of love play. (Malaxophobia)

Satanophobia- Fear of Satan.

Scabiophobia- Fear of scabies.

Scatophobia- Fear of fecal matter.

Scelerophobia- Fear of bad men, burglars.

Sciophobia Sciaphobia- Fear of shadows.

Scoleciphobia- Fear of worms.

Scolionophobia- Fear of school.

Scopophobia or Scoptophobia- Fear of being seen or stared at.

Scotomaphobia- Fear of blindness in visual field.

Scotophobia- Fear of darkness. (Achluophobia)

Scriptophobia- Fear of writing in public.

Selachophobia- Fear of sharks.

Selaphobia- Fear of light flashes.

Selenophobia- Fear of the moon.

Seplophobia- Fear of decaying matter.

Sesquipedalophobia- Fear of long words.

Sexophobia- Fear of the opposite sex. (Heterophobia)

Siderodromophobia- Fear of trains, railroads or train travel.

Siderophobia- Fear of stars.

Sinistrophobia- Fear of things to the left or left-handed.

Sinophobia- Fear of Chinese, Chinese culture.

Sitophobia or Sitiophobia- Fear of food or eating. (Cibophobia)

Snakephobia- Fear of snakes. (Ophidiophobia)

Soceraphobia- Fear of parents-in-law.

Social Phobia- Fear of being evaluated negatively in social situations.

Sociophobia- Fear of society or people in general.

Somniphobia- Fear of sleep.

Sophophobia- Fear of learning.

Soteriophobia - Fear of dependence on others.

Spacephobia- Fear of outer space.  
Spectrophobia- Fear of specters or ghosts.  
Spermatophobia or Spermophobia- Fear of germs.  
Spheksophobia- Fear of wasps.  
Stasibasiphobia or Stasiphobia- Fear of standing or walking. (Ambulophobia)  
Staurophobia- Fear of crosses or the crucifix.  
Stenophobia- Fear of narrow things or places.  
Stygiophobia or Stigiophobia- Fear of hell.  
Suriphobia- Fear of mice.  
Symbolophobia- Fear of symbolism.  
Symmetrophobia- Fear of symmetry.  
Syngenesophobia- Fear of relatives.  
Syphilophobia- Fear of syphilis.

## **T-**

Tachophobia- Fear of speed.  
Taeniophobia or Teniophobia- Fear of tapeworms.  
Taphephobia Taphophobia- Fear of being buried alive or of cemeteries.  
Tapinophobia- Fear of being contagious.  
Taurophobia- Fear of bulls.  
Technophobia- Fear of technology.  
Teleophobia- 1) Fear of definite plans. 2) Religious ceremony.  
Telephonophobia- Fear of telephones.  
Teratophobia- Fear of bearing a deformed child or fear of monsters or deformed people.  
Testophobia- Fear of taking tests.  
Tetanophobia- Fear of lockjaw, tetanus.  
Teutophobia- Fear of German or German things.  
Textophobia- Fear of certain fabrics.  
Thaasophobia- Fear of sitting.  
Thalassophobia- Fear of the sea.  
Thanatophobia or Thantophobia- Fear of death or dying.  
Theatrophobia- Fear of theatres.  
Theologicophobia- Fear of theology.  
Theophobia- Fear of gods or religion.  
Thermophobia- Fear of heat.  
Tocophobia- Fear of pregnancy or childbirth.  
Tomophobia- Fear of surgical operations.  
Tonitrophobia- Fear of thunder.  
Topophobia- Fear of certain places or situations, such as stage fright.  
Toxiphobia or Toxophobia or Toxicophobia- Fear of poison or of being accidently poisoned.  
Traumatophobia- Fear of injury.  
Tremophobia- Fear of trembling.  
Trichinophobia- Fear of trichinosis.  
Trichopathophobia or Trichophobia- Fear of hair. (Chaetophobia, Hypertrichophobia)  
Triskaidekaphobia- Fear of the number 13.

Trophophobia- Fear of moving or making changes.  
Trypanophobia- Fear of injections.  
Tuberculophobia- Fear of tuberculosis.  
Tyrannophobia- Fear of tyrants.

## **U-**

Uranophobia or Ouranophobia- Fear of heaven.  
Urophobia- Fear of urine or urinating.

## **V-**

Vaccinophobia- Fear of vaccination.  
Venustraphobia- Fear of beautiful women.  
Verbophobia- Fear of words.  
Verminophobia- Fear of germs.  
Vestiphobia- Fear of clothing.  
Virginitiphobia- Fear of rape.  
Vitricophobia- Fear of step-father.

## **W-**

Walloonophobia- Fear of the Walloons.  
Wiccaphobia: Fear of witches and witchcraft.

## **X-**

Xanthophobia- Fear of the color yellow or the word yellow.  
Xenoglossophobia- Fear of foreign languages.  
Xenophobia- Fear of strangers or foreigners.  
Xerophobia- Fear of dryness.  
Xylophobia- 1) Fear of wooden objects. 2) Forests.  
Xyrophobia- Fear of razors.

## **Y-**

## **Z-**

Zelophobia- Fear of jealousy.  
Zeusophobia- Fear of God or gods.  
Zemmiphobia- Fear of the great mole rat.

Zoophobia- Fear of animals.